

Kettering International 2018	Age 8-9	Age 10-12	Age 13-15	Age 16-17	Age 18+ Kyu Grade	Age 18+ Dan Grade
Take hold before Hajime	Yes	No	No	No	No	No
Contest Time	2 Min	2 Min	2 Min	3 Min	3 Min	4 Min
Arm Lock	No	No	No	Yes	Yes	Yes
Strangles	No	No	No	Yes	Yes	Yes
Elimination Pools, Knockout, Double Knockout, Repechage	Pool	Knockout with Repechage				
Mat side coaching on mat	Yes					
Leg Grabs (Shido)	Shido, Shido, Hansoku-make					
Sutemi Waza (Sacrifice techniques)	No	No	No	Yes	Yes	Yes
Drop Knee Waza (techniques)	No	No	Yes	Yes	Yes	Yes
Golden Score	No	No	Yes	Yes	Yes	Yes
Allow back patches and shoulder flashes	Yes	Yes	Yes	Yes	Yes	Yes
White Judogi only	Yes					
Red and white belts in contest	Yes					
Scores Ippon/Yuko/Wazari	Yes					